

Week 1 Menu

Breakfast: The service users have a choice of the following for breakfast on any day of the week.
Cornflakes, Bran flakes, Weetabix, Rice Krispies, shredded wheat, porridge, eggs (cooked in preferred form) cooked breakfast items that available on the day e.g. bacon, sausage etc.

Lunch: These options below are the main choices for the day however there is alternatives that are always kept in stock as in sausage, burgers, Baked potatoes, Omelettes and salads, meals that have been made up and leftovers saved e.g.: Bolognese, chilli, stew, casseroles etc. these will be suggested to the service user if they do not like the main option for that day

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Ham egg & chips or Stuffed Jacket potato, cheese & ham Golden Syrup Sponge & custard	Fish Pie Or Lamb steaks, mash potato & seasonal vegetables Fresh fruit cocktail and Ice cream	Roast Dinner Chicken, Seasonal Veg, Roast Potatoes/Mash & Stuffing Or Salad of the day Rhubarb Crumble & Cream	Cottage pie & seasonal veg burgers & potato/ sweet potato wedges with Sweetcorn Berry Meringue	Fish, scampi & chips or chicken nuggets & chips, Poached pears & cream	Tashs traybake Or Corned beef hash Apple pie & custard	Roast Dinner Lamb Seasonal Veg, Roast Potatoes & mint sauce Or Omelette Gateau
Tea	Tea	Tea	Tea	Tea	Tea	Tea
Kippers and bread & butter Cinnamon Rolls	Pasties Scones with jam and clotted cream	Soup & Sandwiches Mousse or Yoghurt	bubble & squeak & beans Bakewell tart	Potato waffle & egg Trifle	Cheese on toast Warm cookies	Soup & Sandwiches Assorted Cakes

Supper: supper will be offered to all service users and will vary between crumpets, teacakes, cheese and crackers, sandwiches, biscuits, and cakes.