

Week 2 Menu

Breakfast: The service users have a choice of the following for breakfast on any day of the week.

Cornflakes, Bran flakes, Weetabix, Rice Krispies, shredded wheat, porridge, eggs (cooked in preferred form) cooked breakfast items that available on the day e.g. bacon, sausage etc.

Lunch: These options below are the main choices for the day however there is alternatives that are always kept in stock as in sausage, burgers, Baked potatoes, Omelettes and salads, meals that have been made up and leftovers saved e.g.: Bolognese, chilli, stew, casseroles etc. these will be suggested to the service user if they do not like the main option for that day

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Mince beef pie , Mash & seasonal veg Or fry up Fresh Fruit Salad	Salmon with Mediterranean vegetables & new potatoes Or Baked potato, various fillings Jam Sponge & Custard	Roast Dinner Chicken, Seasonal Veg, Roast Potatoes/Mash & Stuffing Or Prawn cocktail. Rice Pudding	Curry of the day and rice Or Sausage plait, cheesy mash, green beans & onion gravy Bread & butter pudding with cream	Cod, Scampi or Chicken goujons Chips/Mash Mushy/Garden Peas Spotted dick & custard	Sausage casserole, boiled potatoes & seasonal veg Or Chicken thighs & chips Lemon meringue pie	Roast Dinner Beef, Seasonal Veg, Roast Potatoes, cauliflower cheese & Or Omelette Gateaux
Tea	Tea	Tea	Tea	Tea	Tea	Tea
Sardines on Toast Viennetta	Toasties Pancakes	Soup of the day & Sandwiches Angel Delight	Mushrooms on toast Strawberries & cream	Cheese and tomato tart Fruit Flan	Fish fingers and beans Banana and custard	Soup of the day & Sandwiches Assorted Cakes

Supper: supper will be offered to all service users and will vary between crumpets, teacakes, cheese and crackers, sandwiches, biscuits, and cakes.