

Week 4 Menu

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Breakfast: The service users have a choice of the following for breakfast on any day of the week.

Cornflakes, Bran flakes, Weetabix, Rice Krispies, shredded wheat, porridge, eggs (cooked in preferred form) cooked breakfast items that available on the day e.g. bacon, sausage etc.

Lunch: These options below are the main choices for the day however there is alternatives that are always kept in stock as in sausage, burgers, Baked potatoes, Omelettes and salads, meals that have been made up and leftovers saved e.g.: Bolognese, chilli, stew, casseroles etc. these will be suggested to the service user if they do not like the main option for that day.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hunters Chicken or Egg & chips	International day Menu, different countries each month tba with service users	Roast Dinner Chicken, Seasonal Veg, Roast Potatoes & Stuffing Or Ham & egg salad	Bacon & egg pie Mash & beans Or Tomato and basil pasta	Cod, Scampi, sausage Chips/mash Mushy/Garden Peas	Stew & dumplings. Or Mac & cheese	Roast Dinner Gammon, Seasonal Veg, Roast Potato & cheesy leeks Or Salad of the day
Peach cobbler & custard		Warm cornflake tart & clotted cream	Jam & coconut sponge & ice cream	Berry pie & cream	Trifle	Fruit crumble & custard
Tea	Tea	Tea	Tea	Tea	Tea	Tea
Sardines on Toast Jelly & Ice cream	Sausage rolls and beans. Strawberries & cream	Soup of the day & Sandwiches Angel Delight	Tomatoes on Toast Eccles cakes	Bacon and cheese turnover Banana & custard	Scotched Eggs Viennetta	Soup of the day & Sandwiches Assorted Cakes

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Supper: supper will be offered to all service users and will vary between crumpets, teacakes, cheese and crackers, sandwiches, biscuits, and cakes.